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# Chicken Tenders Snacks

**From the Kitchen of:** Mom

**Servings:** a group

**Prep Time:** simple **Bake Time:** 30-40 minutes **Bake Temp:** 400

**Ingredients:**

* Chicken tenders
* ¼ cup bread crumbs
* ¼ cup grated parmesan cheese
* 1 egg
* 2 Tbsp milk
* Salt
* Pepper
* Spray cooking oil

Salt and pepper chicken tenders. Beat egg with milk. Mix bread crumbs and parmesan cheese. Take chicken tender and dip it in the egg/milk mixture. Roll in breadcrumbs. Place on cookie sheet and spray with oil.

Bake 400 degrees 30-40 minutes.